May Measurement Month (MMM 2018) Workshop:

MAY MEASUREMENT MONTH (MMM2018) first training workshop was held on Monday 30th April 2018 at International University of Africa.

The workshop organized by the Sudanese Society of Hypertension (SSH) in collaboration with International University of Africa and under the kind support of National Health Insurance Fund, Sudan Nursing Association, Amarous for Development Company, and Nano for Measurement & Calibration Center. The attendees were over 150 candidates from different universities, Algwad Organization, Sudan News Agency (SUNA) representatives, and the Executive office members of the society. Also the Workshop was live transmitted on International University of Africa Channel for candidates in different Sudan States.

At the inauguration of the workshop Dr. Hind Mamoun Beheiry - SSH President shared that high blood pressure (Hypertension) is a major and growing public health problem and it is the number one contributing risk factor for global death (10 million death annually). Also she highlighted hypertension, the silent killer, statistics in Sudan and the significant increasing in its prevalence and its complications. Dr. Hind presented a brief overview about the Sudanese Society of hypertension and its activities that is committed to increasing awareness about the silent killer management and prevention. Finally She gave an overview about MAY MEASUREMENT MONTH 2017 and Sudan strong participation achieving higher rank number 6 in the survey with 44,000 Sudanese Subjects screening from four States (Gezira State, Blue Nile state, Kasala State and Khartoum state) with high prevalence at Blue Nile State. MMM 2017 showed the high need for increased screening for raised BP as undiagnosed hypertension continues to be a global burden. For MMM 2018 Dr. Hind explained the Target number for screening, the target areas and the work action plan.

The second session of the workshop presented by Dr. Samih Abdelmotalab Internal Medicine Specialist and Head of SSH Academic office covering the Hypertension causes, diagnosis, management and prevention. This followed by Dr.
Fatima Altahir Internal Medicine Specialist and Member of SSH training office who explained blood pressure measurement devices and their use with a training session on how to use Blood pressure electronic devices. Then Prof. Ibtisam Ahmed Ali – Consultant Cardiologist and SSH Past President focused on how to fill the MMM2018 Participant data capture questions in collaboration with Eng. Mohammed Mojahed – IT Projects Manager – Amarous for Development Company to explain MMM mobile application to upload the questionnaires.

Finally Eng. Murtda Gaba – Nano for Measurement & Calibration Center present an informative presentation about the importance of blood pressure measurement devices calibration and maintenance.
Dr. Hind Beheiry - SSH President presenting an overview about MMM2018

Eng. Murtda Gaba - Nano for Measurement & Calibration Center
Eng. Mohamed Mojahid - Amarous for Development Company

Dr. Fatima Altahir - Internal Medicine Specialist and Member of SSH Training Office presenting - Training session on Blood pressure measurement